FOOD DEPARTMENT 19

1. Read General Rules and Static Exhibit Rules carefully.
2. RECIPES MUST BE ATTACHED TO EACH EXHIBIT and must be complete, legible, typed, computer printed or written in ink. Use card(s) no larger than 4"x6". **In order for a recipe to be complete, the following MUST be included: title, ingredients and procedures (all - if product is a frosted cake, then the ingredients and process should be explained for both cake and frosting), temperatures/time, yield. If any deviations are made from the recipe (i.e. cupcakes made instead of a loaf, substituted ingredients, etc.) then it should be noted on the recipe. The order of ingredients must reflect the steps.**
3. Each entry must be removed from the pan and placed on a disposable plain white paper or plastic plate and wrapped in a large clear plastic zipper storage bag; larger entries may be on foil covered cardboard bases, in clear plastic wrap. Pies must be in glass, disposable aluminum or tin pie pans. (We will not be responsible for broken glass pie plates). Tape entry tags on the end of the bag that does not open.
4. Garnishes and decorations may not be added to **Lots 01-21 and 24-28**.
5. No packaged mixes can be used except in **Lots 12, 22 and 23**.
6. When entering breads, pies and cakes the complete item must be entered; do not cut the item.
7. When listing class and lot, please add the name of the item (for example: shortbread, banana bread, etc.).
8. **Any product entered that requires refrigeration will be disqualified. Exhibitors cannot rely on recipe instruction for refrigeration. Any product that is custard/egg/dairy based (i.e. chocolate tortes, pumpkin pies, custard fillings, whipped cream fillings/frostings, eclairs and cream cheese frostings require refrigeration.)**
9. Ribbons will be awarded on the basis of the quality of the product (taste, uniformity, texture, color and appearance).
10. Do not place food items in baskets of any kind.
11. Food is judged on the following criteria: Correct count and shape max. 15 points; complete recipe max. 15 points; appropriate size max. 10 points; appealing color max. 10 points; good texture max. 20 points; delicious taste max. 30 points.
12. As long as your articles for exhibit differ you may make more than one entry in any lot designated with an asterisk (*) after the description.

CLASS A

BAKED GOODS

Lot 01. White bread (yeast). No machine made bread; traditional method only.
Lot 02. Dark bread (yeast). Made with at least 1/3 non-white flour (for example, whole wheat, rye or oatmeal). No machine made bread; traditional method only.
Lot 03. Corn bread
Lot 04. Quick bread
Lot 05. Fancy bread (yeast)
Lot 06. Yeast rolls (6) (sweet, dinner, pretzels, breadsticks, etc.)*
Lot 07. Baking powder biscuits (6)
Lot 08. Muffins (6)
Lot 09. Pie - one crust; using standard pastry crust
Lot 10. Pie - two crust; using standard pastry crust
Lot 11. Pie - other crusts
Lot 12. Creative cooking from package cake mix (judged additionally for creative recipe development)
Lot 13. Sliced roll cookies and cut-out cookies (6)
Lot 14. Drop cookies (6) The dough should be dropped from spoon into mounds on your baking sheet.
Lot 15. Bar cookies (6) (brownies, etc.)
Lot 16. Refrigerator cookies (6)
Lot 17. Pressed and hand-shaped (rolled balls) cookies (6)
Lot 18. Novelty cookies (6) (pizzelles, knots, krumkaker, etc.)
Lot 19. No-bake cookies (6)
Lot 20. Unfrosted cake (applesauce, pound, spice, fruit, sponge, angel, chiffon)*
Lot 21. Frosted cake
Lot 22. Decorated cake (judged on appearance only, an inedible base may be used)

FOOD DEPARTMENT 19 (continued)

Lot 23. Novelty cake (cut-up cake in animal shapes, etc.) Judged on appearance only. Attach directions and pattern to exhibit.
Lot 24. Candy (6) (fudge, lollipops, caramel, etc.)*
Lot 25. Miscellaneous (baked goods not listed in previous Lots)*
Lot 26. Frosted cupcakes (6 – create this recipe yourself)
Lot 27. Creative baking - non-microwave*
Lot 28. Nutritious snack (no cookies)

For items in Lots 29, 30 and 31, exhibit 6 items if cookies, brownies, rolls, etc., and 1 if item is a cake or pie.
Lot 29. Gluten free desserts (cookies, brownies, cakes, etc.)
Lot 30. Egg free desserts (cookies, brownies, cakes, etc.)
Lot 31. Sugar free desserts (cookies, brownies, cakes, etc.)
Lot 32. Holiday cookies (6 of any style)
Lot 33. Decorated Cookies (6 - judged on appearance only, but must be edible)
Lot 34. Gingerbread House (may use kit - judged on appearance only)
Lot 35. Challenge Lot – Drop Shortbread Cookies, see the Challenge Lots section.

FOOD EDUCATION

Lot 36. Food Poster Contest – **Do you know that "this equals that"?** How many teaspoons equal a tablespoon? Make a list of other things that you would use to measure your baked goods such as one cup equals 16 tablespoons, etc. Make pictures and be creative. Present this on a 22 x 28" poster board. Score Card: Subject Matter/Creativity 50%, Workmanship/Quality 50%.
Lot 37. Food Banner. Make a banner displaying some of the baked goods in the Food Department. It may be made of any material but maximum size is 2' x 3'. Just use what you have around the house and ensure your banner is colorful and creative.
Lot 38. Food Science Experiment. The Peril of Pesticides – There have been many findings of high levels of pesticides in certain foods. Unsuspecting individuals are constantly consuming food and beverages that are laden with contaminants and pesticides that slowly but surely do them harm. Let us know some of the foods or beverages that we think are healthy for us to eat/drink, but are not. Include information regarding the reasons these foods/beverages aren't safe to eat/drink and how they become contaminated. Your display should be able to fit in a 30" x 30" space. Exhibitors are responsible for setting up their own displays under the supervision of the Department Chairmen. Displays may include table covering, posters, backdrops, illustrations and other decorative and educational materials. Score Card: Workmanship/Quality 50%, Subject Matter 30%, Creativity 20%. This may be entered as an **individual, team or club exhibit**.
Lot 39. Massachusetts Grown and Fresher Exhibit - Demonstrate how a Massachusetts farm product might get from farm to you. For example: show how an ingredient might be planted, grown, harvested, processed, transported, marketed, bought, prepared and baked into a product suitable for exhibit in this department. **This may be entered as an individual, team or club display.**
Lot 40. The Ultimate Health Program. Design a program diet which is low in fat, sugar and salt. You must have breakfast, lunch, dinner and a snack in your health diet. Your display should be able to fit into a 30"x30" space. Exhibitors are responsible for setting up their displays under the supervision of the Department Chairman. Displays may include table coverings, posters, backdrops, illustrations and other decorative and educational materials. To be judged on workmanship/quality 50%; subject matter 30%; creativity 20%. **This may be entered as an individual, team or club display.**
Lot 41. Picnic Exhibit. Create an exhibit of your stuffed animals or dolls having a picnic. The exhibit must include some sort of a table with a table covering, baked goods made of any material (could include fresh foods) and a creative background.
Lot 42. 4-H'er and Parent/Grandparent Bakeoff - Choose any cookie recipe and exhibit six (6) cookies. Both 4-H'er and Parent/Grandparent must follow the same recipe, and the recipe must be attached to the entry. 4-H'er and parent/grandparent entries will be judged against each other, and then the best team will be chosen. Please indicate on the exhibit tag if the entry is a 4-H'er or a parent/grandparent. No premiums will be paid for this Lot; Department Award Only.

FOOD DEPARTMENT 19 (continued)

PREMIUMS

	First	Second	Third
Lots 01-02, 05-06, 09-11, 24, 34, 37, 41	5 PTS	4 PTS	3 PTS
Lots 03-04, 07-08, 12-23, 25-33, 35-36	4 PTS	3 PTS	2 PTS
Lot 38, 39	15 PTS	11 PTS	7.5 PTS
Lot 40			
Lot 42	Department Award		